



In two transformative years, MOMENTUM has empowered young migrant and refugee women, breaking barriers and providing access to vocational training. Operating on a multi-stakeholder framework, MOMENTUM collaborates seamlessly with public institutions, vocational education providers, civil society organizations, and social economy actors.

Our collective efforts stand as a beacon of collaboration—a powerful call to action for like-minded stakeholders to join forces, reimagine systems, and build a just and sustainable society for all. As we celebrate these achievements, let's recognize the impact of our shared commitment, continuing to pave the way for positive transformation.

Key Achievements

5

Countries

Our influence transcends borders, reaching far and wide.

11

Partners

A testament to the strength of collaboration and unity.

136

Women in training

Empowering and uplifting, one woman at a time.

65

Multi-stakeholder participatory labs

Fostering dialogue and innovation on multiple fronts.

35

Public authorities involved

Across Italy, Greece, Spain, Portugal, Hungary, contributing to the success of our activities.

Voices of Momentum

Refugee women face greater integration challenges than their male refugee counterparts. It is not only language, culture, access to the labor market or education system, but also the additional household and childcare, traditionally conducted by women and there may be victims of abusive behaviors. Specifically designed actions for different groups and specializations can help to empower women refugees to develop confidence and social skills, to improve gender balance and promote social integration.

Momentum wasn't just a project; it was a journey of self-discovery. It gave us a place to reflect on ourselves and create group dynamics that embraced our needs, diversity, concerns, and ideas. This is something precious and isn't something we often come across as migrant and refugee women.

The MOMENTUM project has been transformative for the participants. It's not just about gaining job skills; it's a journey of self-discovery and empowerment. Through this initiative, they have not only enhanced their professional competencies but also found motivation to aspire for more. It offered a space for sharing knowledge, social skills, and newfound friendships that can truly open doors to a brighter future.



Ioanna Glykou

Manager of Social Inclusion Unit at Greece's Ministry of Migration and Asylum



Anabell Acevedo

Participant/Trainee, Portugal



Zira Krastina

Trainer, Italy

Training migrant women and helping them to integrate into our country in the best possible conditions is as important as it is necessary also for us, social economy actors. In fact, giving them the tools to access better opportunities will not only benefit them and their families but our company and the society as a whole. They gain knowledge, increase self esteem and make personal connections, sharing experiences, networking, and collaborating, which we personally and our organization believe is one of the foundations for a more just society.

As a trainer engaged in this project, I found great joy in witnessing the positive transformation of participants. The language courses and coaching sessions contributed not only to enhanced employability but also to personal growth and confidence. This profound impact was amplified by the crucial multi-stakeholder collaboration within the project, where government agencies (you might want to leave this one out), local businesses, and NGOs had united to create a supportive ecosystem. Together, this collaborative approach established a foundation for sustained success in the integration of third-country national women into the labor market.



Meri Shirzai

Mentor and the vice president of the [she4she](#) association, Hungary



María Sañudo

Member of SOLABRIA Cooperative, Spain

Visit the Momentum Website

Let's keep the Momentum!
Visit our website for more stories and inspiration.

11 organizations in Greece, Italy, Spain, Portugal and Hungary have united towards a common goal for women.